

Reiki Tahoe

Marianne Schneider RMT, IARP

Name: _____ Date of Birth (optional): _____

Mailing Address: _____ City: _____

State: _____ Zip: _____ E-mail: _____

Home phone: _____ Cell Phone: _____

Emergency Contact:

Name: _____ Relationship _____ Phone: _____

How did you hear about us? Flyer Brochure Ad Friend Other: _____

If you were referred, who so we may thank them: _____

Have you ever had Reiki or Energy Healing before? Yes No

If so when, with who and what for? _____

Have you ever had BodyTalk before? Yes No

If so when, with who? _____

Do you feel energy? Yes No Maybe

Do you have any physical pain? (Scale of 1-10) _____ Where: _____

Do you have any emotional pain? (Scale of 1-10) _____

What is your stress level? (Scale of 1-10) _____

Are you on any heart medications or blood thinners? Yes No

For women: Are you pregnant? Yes No

May I use essential oils if need be? Yes No

Do you have any allergies to essential oils? Yes No

Do you have any sensitivity to smells? Yes No

Are you open to other modalities if they come up during your session? Ex. Crystals, Oils, Conscious Healing, Tarot, Affirmations, Meditation... Yes No

Do you have any back issues? Yes No: If yes please explain. _____

Have you ever had any major viruses or sicknesses in your life? If yes please list. _____

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Raindrop uses techniques that apply light pressure or light massage on your feet and back, hot compresses as well as Reiki. Do I have your permission to apply these methods? Yes No

Raindrop uses a series of 9 essential oils on the feet and spine. These oils feel spicy, hot and cold. Hot compresses are used to lock in these oils and enhance the release of inflammation, viruses and or toxins.

List any areas that you want special attention on. This can be physical, emotional, mental or spiritual. If you would like to set an intention for your session, please list it here.

The modalities I perform are forms of **Energetic Medicine**. **I am not a doctor.** The recommendations I make are based on intuitive readings of your body while working with it. You may feel energetic releases during your time on the table and after. An energetic release is experienced in many different ways, typically in the form of twitching muscles, tingling, a deep breath and or through emotions. Old and or current emotions may be brought up while you are on the table or after. These are things that no longer suit you and are being released. If this happens, acknowledge it and then let it go, you do not have to re-experience them. **Make sure to drink plenty of water after your treatment to help detoxify the body.**

Sometimes after a session, symptoms may worsen temporarily. This is referred to as a healing crisis. It is only temporary. If these symptoms last for more than 24 hours it is recommended that you come back in for another Energy Healing Session.

By signing below I understand the statements above and consent to care.

Signature

Parent or guardian signature if under 18 years

Date